

## **Kristan Trugman**

Kristan Elise Trugman is the Director of Internal Communications for the United States Senate Sergeant at Arms, previously serving as the Special Assistant to Terrance W. Gainer, the 38th Senate Sergeant at Arms. Prior to joining the Senate, Ms. Trugman served as Chief of Staff to Chief Gainer at the United States Capitol Police and, before that, as Senior Policy Analyst at the Metropolitan Police Department of Washington, D.C. Ms. Trugman began her career as a journalist in 1987 working as a weekend police beat reporter at a daily newspaper in Texas. She worked for 15 years as a reporter covering federal, state, and local law enforcement, courts, and government for newspapers in Virginia and Washington, D.C. She holds a Bachelor of Arts degree in Journalism from Louisiana State University.